



## MOBILITY CUP 2023

Organizing Authority (OA): Lunenburg Yacht Club  
in collaboration with Able Sail

**August 26- August 31, 2024**

Lunenburg Yacht Club, Nova Scotia Canada

## SAILING INSTRUCTIONS

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

### 1 RULES

- 1.1 The regatta is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The prescriptions of Sail Canada will apply and can be viewed at:  
[https://www.sailing.ca/uploads/2022/03/sail\\_canada\\_prescriptions\\_2021\\_2024\\_14\\_03\\_2022.pdf](https://www.sailing.ca/uploads/2022/03/sail_canada_prescriptions_2021_2024_14_03_2022.pdf).
- 1.3 The class rules of the Martin 16 class association will apply; Racing will be Martin 16 single-handed format (class rule 6.2); With respect to Martin 16 class rule 6.2.2 sailing companions are mandatory for Silver Fleet and optional for Gold fleet.
- 1.4 RRS 40.1 will apply on the water and on the dock. A whistle must be attached to the personal flotation device unless an exemption has been granted by the OA.

### 2 CHANGES TO THE SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

### 3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the Official Notice Board located at the LYC Notice Board and online at <https://mobilitycup.com>.
- 3.2 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 72.

### 4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

### 5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flagpole located on the west side of the club house.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals AP.

## SCHEDULE OF RACES

### 6.1

Monday, Aug 26	0830 – 0930 0930 1100 1300 1700	Registration (sailors and volunteers) Competitors' Meeting Practice Race – Gold Fleet Practice Race – Silver Fleet Opening Ceremonies & Reception – Fisheries Museum/Bluenose II
Tuesday, Aug 27	1030	First Race Signal – Gold Fleet
	1430 1700 1800	First Race Signal – Silver Fleet Coaches' Debrief Barbeque under the tent
Wednesday, Aug 28	1030 1430 1700	First Race Signal – Silver Fleet First Race Signal – Gold Fleet Coaches' Debrief
Thursday, Aug 29	1030 1430 1700 1800	First Race Signal – Gold Fleet First Race Signal – Silver Fleet Coaches' Debrief Mobility Cup Clearwater Seafoods© Lobster Bake & Banquet
Friday, Aug 30	1000 1400 1600 1800	First Race Signal – Silver Fleet First Race Signal – Gold Fleet Boat Haulout Awards and Closing Ceremony

**5.2** The race committee may sail two additional races per day per Fleet but shall not get more than 3 races ahead in the series.

**5.3** To alert boats that a race will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

**5.4** On the last scheduled day of racing no warning signal will be made after 1530.

## 6 CLASS FLAG

**6.1** The class flag for both fleets will be the Mobility Cup logo on a white background.

## 7 RACING AREA

**7.1** SI Addendum A shows the approximate location of the racing area.

## 8 COURSE

**8.1** The diagram in SI Addendum B shows the course, including approximate angles between legs, the order in which marks are to be passed and the side on which each mark is to be left.

## 9 MARKS

	Mark Description
Start / Finish	Yellow inflatable "pencil mark"
Mark 1 and Gate (Mark 2s/2p)	Yellow inflatable,

Change Mark	Red inflatable
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## 10 THE START

- 10.1 The starting line will be between the staff displaying the orange flag on the signal vessel and the course side of the “Yellow Pencil” starting mark.
- 10.2 [DP] A boat that does not start within 5 minutes of their starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

## 11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.

## 12 THE FINISH

- 12.1 The finishing line will be between the staff displaying the blue flag on the signal vessel and the course side of the finishing mark.

## 13 PENALTY SYSTEM

- 13.1 If a member of the Jury witnesses a breach of RRS Part 2, RRS 31 and /or 11, they may indicate their observation by making a long sound (whistle) and a red flag. The boat shall then exonerate itself by complying with NOR 12.1 if no penalty is taken the Jury may protest.

## 14 TIME LIMITS AND TARGET TIMES

- 14.1 Time limits and target times are as follows:

Mark 1 Time Limit	Mark 2 Target Time	Mark 3 Target Time	Finish Window
30 minutes	45 minutes	90 minutes	15 minutes

- 14.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 14.3 Failure to meet the Target Times will not be grounds for redress. This changes RRS 62.1(a).
- 14.4 **The Finish Window is the time for boats to finish after the first boat sails the course and finishes.** Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A5.1 and A5.2.
- 14.5 The Race Committee may, at its discretion, award points to a boat, equivalent to the boat’s position in a race. The Race Committee determines the method and order. This changes RRS 35, A4 and A5.

## 15 HEARING REQUESTS

- 15.1 **The protest time limit is 60 minutes after race committee docking time.**
- 15.2 Hearing request forms are available from the protest desk located in Bar Area on the main floor of the LYC club house.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held downstairs in the LTS Building.



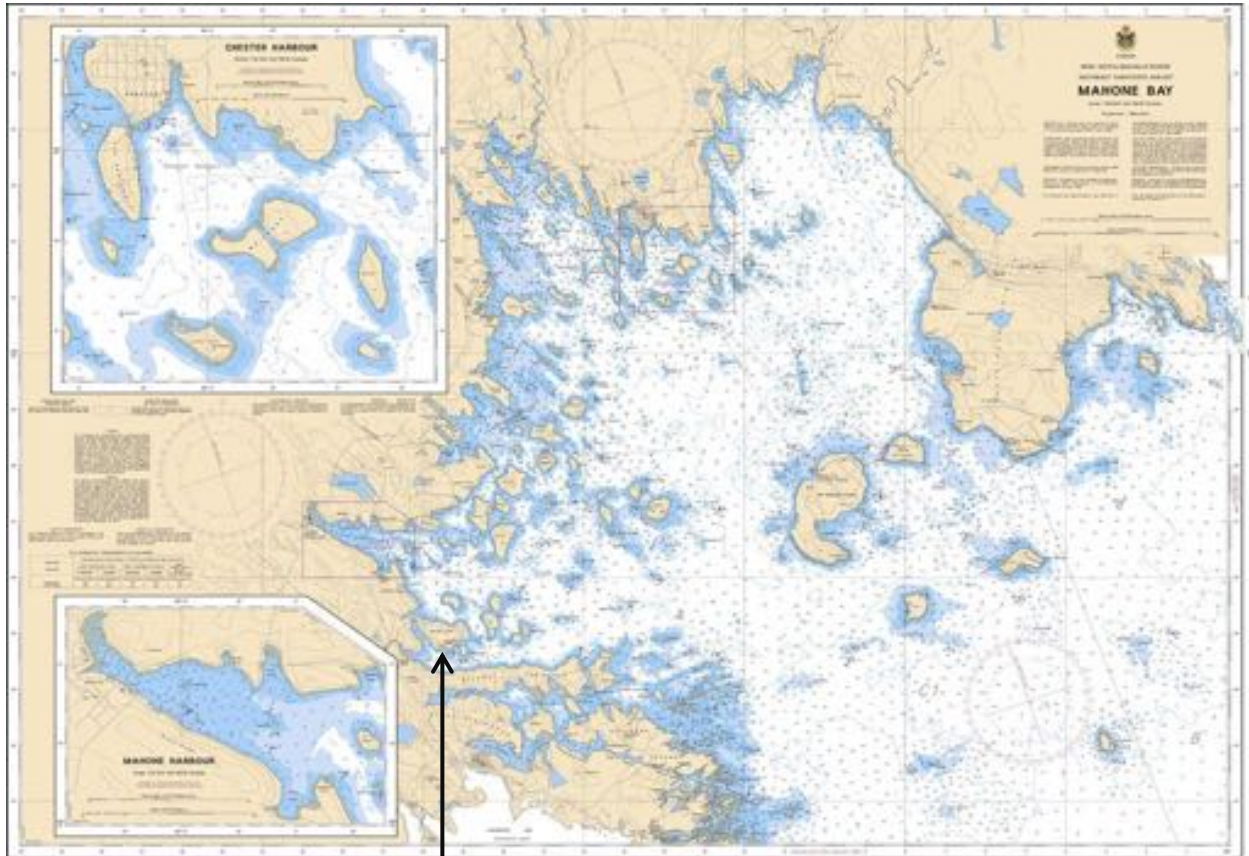
## **16 [DP][NP] SAFETY REGULATIONS**

- 16.1** On the water, prior to the warning signal of their first race of each day, competitors shall check in and receive acknowledgement from the race committee or upon returning to the race area if the boat has left for repair or any other reason.
- 16.2** A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

## **17 EQUIPMENT AND MEASUREMENT CHECKS**

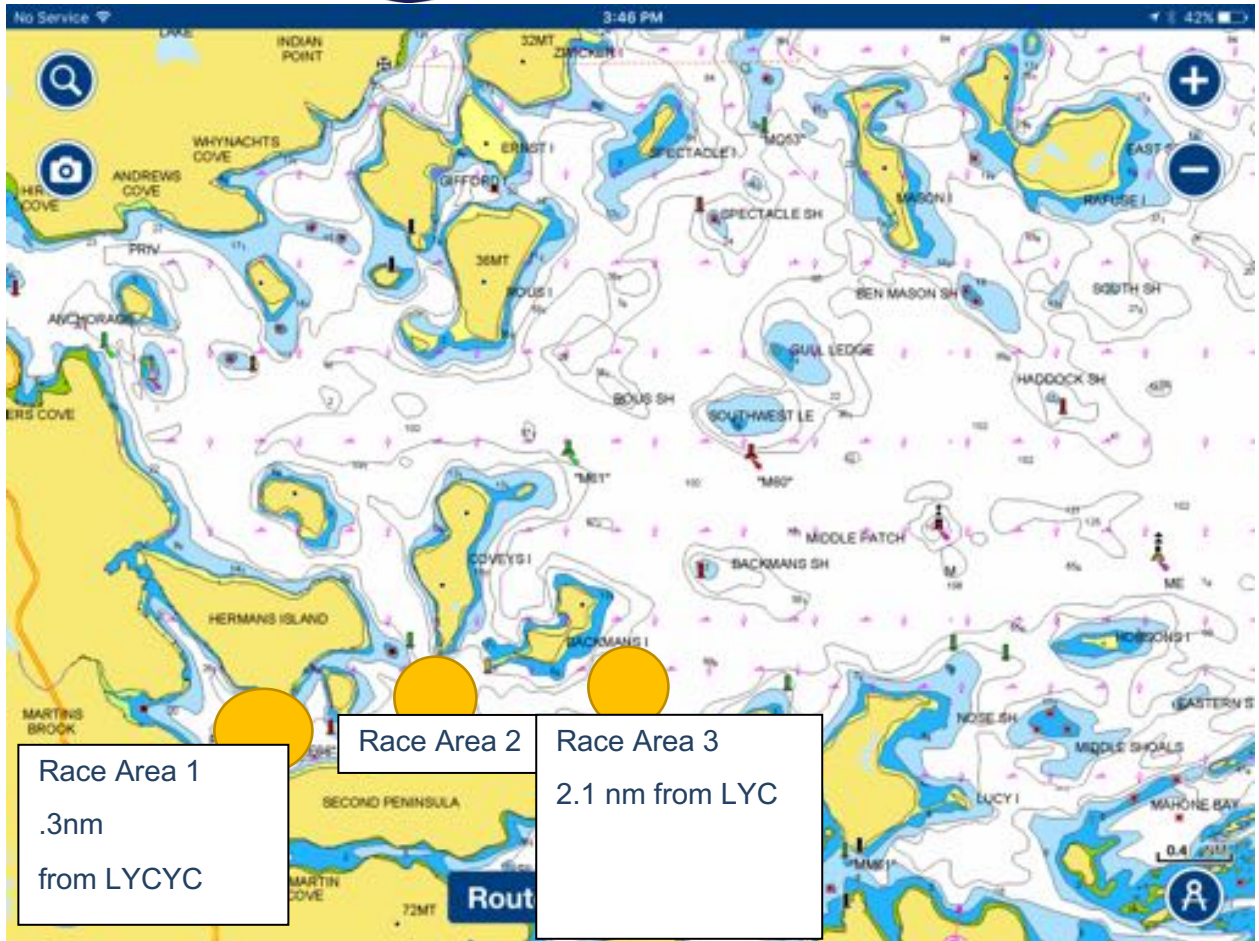
- 17.1** A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

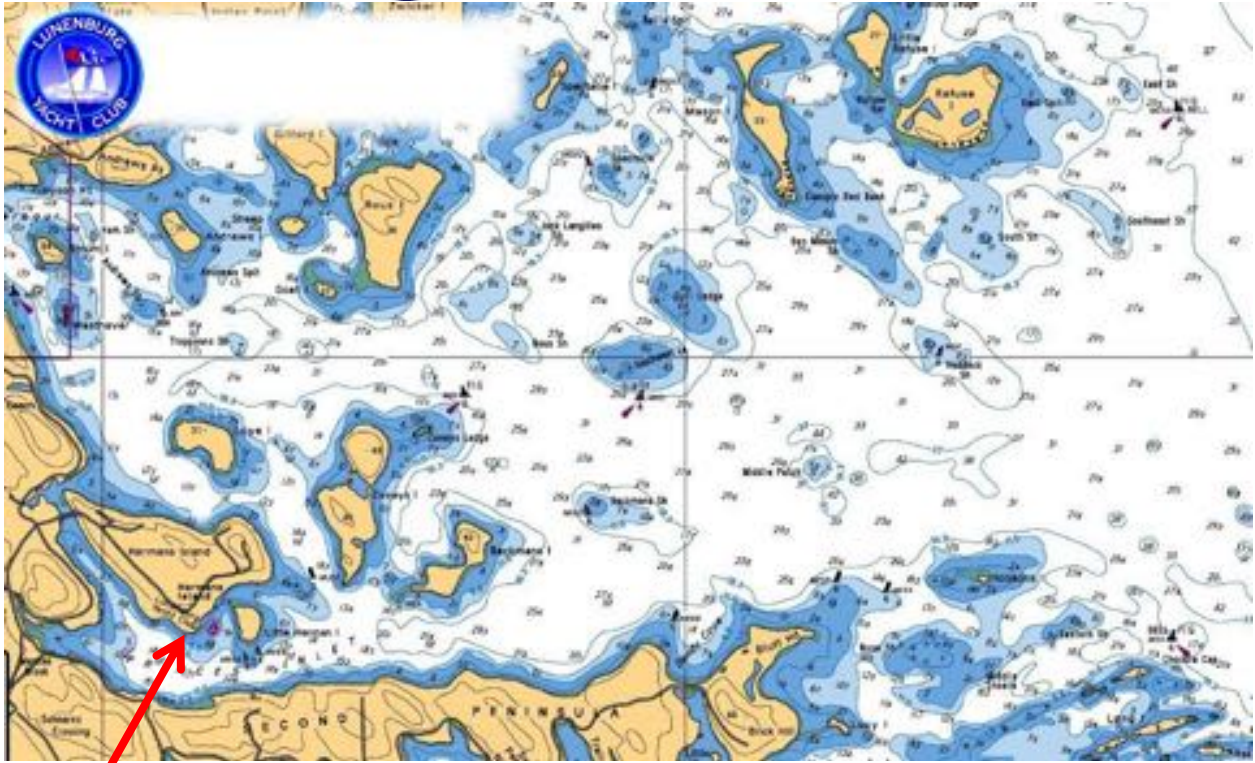
**ADDENDUM A – RACING AREA**



***Lunenburg Yacht Club: 734 Herman's Island Road. Lunenburg Nova  
Scotia, Canada B0J 2C0 902-634-3745***

***LYC.ca***





Lunenburg YC, Located on Herman's Island Road. All 3 racing areas are less than 2.5 miles from Club. Waters are protected from all wind directions except NorthEast. If NorthEast winds exist Racing area #1 may be used .3nm South West of LYC.

**ADDENDUM B – COURSE**

Windward/Leeward with Downwind finish	
Possible courses	
Signal	Mark Rounding Order
L1	Start-1-Finish
L2	Start-1-2s/2p-1-Finish
L3	Start-1-2s/2p-1-2s/2p-1-Finish
L4	Start-1-2s/2p-1-2s/2p-1-2s/2p-1-Finish

