



MOBILITY CUP 2025

Organizing Authority (OA): Association Québécoise de voile adaptée (AQVA) & Pointe-Claire Yacht Club (PCYC)

August 25 – August 29, 2025

Pointe-Claire Yacht Club, Pointe-Claire, QC, Canada

NOTICE OF RACE

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing.
- 1.2 The prescriptions of Sail Canada will apply and can be viewed at:
<https://www.sailing.ca/rules-prescriptions>
- 1.3 The class rules of the Martin 16 class association will apply; Racing will be Martin 16 single-handed format (class rule 6.2); With respect to Martin 16 class rule 6.2.2 sailing companions are mandatory for Silver Fleet and optional for Gold fleet.
- 1.4 RRS 40.1 will apply on the water and on the dock. A whistle must be attached to the personal flotation device unless an exemption has been granted by the OA.
- 1.5 If there is a conflict between languages the English text will take precedence.

2 SAILING INSTRUCTIONS

- 2.1 The sailing instructions will be made available prior to Wednesday, August 23, 2025 online at <https://mobilitycup.com>. A limited number of paper copies may be available at the registration desk on Sunday, August 24 and Monday, August 25, 2025.

3 COMMUNICATION

- 3.1 Notices to competitors will be posted on the Official Notice Board located on the PCYC verandah and online at <https://mobilitycup.com>.
- 3.2 [DP] All boats are recommended to carry a VHF radio capable of receiving communication from the race committee.
- 3.3 On the water, the race committee will make courtesy broadcasts to competitors on VHF radio. The channel will be stated in the sailing instructions.



3.4 [DP] Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 ELIGIBILITY AND ENTRY

4.1 The event is open to all boats of the Martin 16 class.

4.2 Mobility Cup is an event for sailors with a disability. Sailors must indicate the nature of their disability on the entry form. The Able Sail Network Mobility Cup Committee will be the sole arbitrator of eligibility.

4.3 Members, past or present, of a sailing team sponsored by a national sailing authority are not eligible to compete.

4.4 Competitors may register in the Gold Fleet or the Silver Fleet. The Gold Fleet is recommended for experienced sailors who are comfortable and competent in a racing fleet. The Silver Fleet is recommended for less experienced or novice sailors who shall sail with a companion. The organizing committee reserves the right to move a sailor registered in the Gold Fleet to the Silver Fleet or from the Silver Fleet to the Gold Fleet.

4.5 The maximum numbers of entries will be limited to 25 competitors in the Gold Fleet and 25 competitors in the Silver Fleet. Priority will be given to sailors who have sailed three or fewer Mobility Cup events in the previous four years. A waiting list of competitors will be established based on the day and time of receipt of entries once the maximum number of entries have been received.

4.6 A sailor who finishes in the top 3 finishers in the Silver Fleet in two consecutive Mobility Cup events shall register in the Gold Fleet the following year.

4.7 A sailor who places in the bottom 2 finishers in the Gold Fleet in two consecutive years shall register in the Silver Fleet the following year.

4.8 Sailing companions for the Silver Fleet will be provided by the OA and will be rotated daily. If a sailor feels that they have special needs which require a specific companion, they must identify this need at the time of registration.

4.9 Sailing companion guidelines are defined in Mobility Cup Guidelines and are available at <https://mobilitycup.com/en/racing/race-documents>

4.10 Sailors and volunteers are required to acknowledge an online waiver of liability as a condition of participation. Sailors or volunteers under the age of 18 must provide a waiver signed by their parent or guardian.

4.11 Eligible competitors may enter by completing the entry form online at <https://mobilitycup.com> and submitting it, together with the required fee.

4.12 To be considered an entry in the event, a competitor shall complete all registration requirements and pay all fees.

5 FEES

5.1 Entry fees which include event registration, transportation between selected Mobility Cup accommodations and event venue, continental breakfast Tuesday to Thursday and lunch Monday to Thursday, barbeque and banquet, are as follows:



Fee Type	Start Date	End Date	Fee
Regular Entry	March 15, 2025	Aug 1, 2025	\$350 CAD
Late Entry	Aug 2, 2025	Aug 26, 2025	\$425 CAD

5.2 Competitors withdrawing from the event before August 1, 2025, will be refunded their entry fees, less \$50 administrative fee. Competitors withdrawing after August 1, 2025, but before the close of the onsite registration may be refunded 50% of their registration fee at the discretion of the OA. Competitors withdrawing after the onsite registration closes will not have their entry fee refunded.

5.3 Sailors will be required to post with the OA, prior to the practice race on August 25, 2025, a deposit of \$200 in the Mobility Cup Fleet Damage Fund as described by the Mobility Cup Damage Policy that can be found at <https://mobilitycup.com/en-ca/racing/race-documents>. Sailors who have not made this deposit will not be permitted to race.

6 ADVERTISING

6.1 [DP] Competing boats may be required to display advertising of the event sponsor as provided by the OA.

7 SCHEDULE

7.1

Date	Time	Programme
Sunday, August 24	1000 - 1700	CN container arrival and unloading Boats driven by car arrival Boats launched into water by crane Registration (sailors and volunteers)
Monday, August 25	900 - 1200 1030 1200 1400 1700	Registration (sailors and volunteers) Competitors' Meeting Practice Race – Gold Fleet Practice Race – Silver Fleet Opening Ceremonies and Reception
Tuesday, August 26	1030 1430 1500 1700 1900	First Warning Signal – Gold Fleet First Warning Signal – Silver Fleet Protest seminar – Gold Fleet Coaches' Debrief Mobility Cup Barbeque
Wednesday, August 27	1030 1430 1500 1700	First Warning Signal – Silver Fleet First Warning Signal – Gold Fleet Racing rules seminar – Silver Fleet Coaches' Debrief
Thursday, August 28	1030 1430 1700 1900	First Warning Signal – Gold Fleet First Warning Signal – Silver Fleet Coaches' Debrief Mobility Cup Banquet – Royal St. Lawrence Yacht Club



Friday, August 29	1000 1400 1600 1700	First Warning Signal – Silver Fleet First Warning Signal – Gold Fleet Boat Haulout Awards and Closing Ceremony
Saturday, August 30	0800 - 1600	Haulout and container loading

- 7.2 There are 12 races scheduled for each fleet.
- 7.3 On the last scheduled day of racing no warning signal will be made after 1530.

8 EQUIPMENT INSPECTION

- 8.1 Boats will be inspected to identify the general condition of the hull, foils and spars prior to launch. Inspection may include photographs taken by the OA. Before launching, boat owners or their representative shall sign an inspection sheet attesting to the inspection of the condition of the boat.
- 8.2 Boats shall have a tow line (minimum 5 meters in length and 5 mm in diameter) and an installed functioning manual bilge pump.

9 BOATS & EQUIPMENT

- 9.1 Boats and equipment must comply with the 2017 Martin16 Class Rules.
- 9.2 Private boat owners of Martin 16’s are encouraged to make their boats available for charter in the fleet they are not competing in.
- 9.3 Able Sail Program or Club owned Martin 16’s may enter one sailor in Gold Fleet and one sailor in Silver Fleet for their first boat. For additional boats, Able Sail Programs or Clubs may enter one sailor in either the Gold Fleet or the Silver Fleet and will make the boat available to a sailor requiring a loaner boat in the other fleet.
- 9.4 Sailors requiring loaner boats must indicate such on their entry form and should complete and submit their entry by August 1, 2025. Requests for loaner boats after August 1, 2025, may not be accommodated.
- 9.5 Able Sail Program or Club owned boats not chartered by August 1, 2025, will be first made available to sailors from the organization supplying the boats.
- 9.6 Sailors using loaner boats are expected to maintain the boats as provided and are not to temporarily add or remove any equipment without the written consent of owner’s representative. Failure to comply may result in a penalty. [DP]
- 9.7 The Organizing Authority may have a limited number of assistive devices. Sailors requiring assistive devices should request one on their entry form.
- 9.8 Failure of the Organizing Authority to supply an Autohelm/Windlass or failure of an Autohelm/Windlass while racing will not be grounds for redress under RRS 61.1(a).

10 VENUE

- 10.1 The racing area will be on Lake St-Louis near the Pointe-Claire Yacht Club.



11 THE COURSES

11.1 The courses will be windward-leeward.

12 PENALTY SYSTEM

12.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

13 SCORING

13.1 One race is required to be completed to constitute a series for that fleet.

13.2 When fewer than 5 races have been completed, a competitor's series score will be the total of all their race scores. When 5 or more races have been completed, a competitor's series will be the total of their race scores excluding their worst score.

14 SUPPORT BOATS [DP]

14.1 Support boats shall monitor the safety VHF channel at all times and to undertake safety duties at the direction of the race committee. The safety VHF channel radio frequency will be made available at registration.

14.2 On the water, all support crew shall bring personal flotation devices which are in good condition and are in accordance with the specifications issued or approved by a national authority affiliated to World Sailing, or a standards organization, a certification authority, recognized for the purpose by its respective government.

15 RISK STATEMENT

15.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

16 INSURANCE

16.1 Each boat and each support boat shall be insured for third-party liability with a minimum cover of \$2,000,000 CAD per incident, or the equivalent thereof.

16.2 At the end of the event, all unused funds in the Mobility Cup Fleet Damage Fund will be equally divided among all registered competitors who were not found to be at fault in any accidents or incidents causing damage to the boat they were using during the course of the event.

16.3 Should there be damage to a boat, the competitor(s) found to have broken a rule or rules will forfeit the entire damage deposit. The Mobility Cup Damage Policy can be consulted online at: <https://mobilitycup.com/en-ca/racing/race-documents>.



17 PRIZES

- 17.1 The Mobility Cup will be awarded to the winner of the Gold Fleet.
- 17.2 The Coupe Dallaire will be awarded to the winner of the Silver Fleet.
- 17.3 The Sam Sullivan Trophy will be awarded to the highest finishing sailor using sip and puff technology.
- 17.4 The Debbie Donald Award will be presented to the highest placing female sailor.
- 17.5 The Darren Tucker Sportsmanship Award will be present to a sailor selected by the OA for displaying grace, respect for their fellow sailors and for the sport.
- 17.6 Hamilton Harbour Commission Trophy (Rookie of the Year) Will be presented to a first-time participant who finishes the highest among all first-time participants and also places within the top 75% of all sailors in their fleet.
- 17.7 The Rob Battilana Trophy will be presented to a member of the organizing committee in recognition of a significant volunteer contribution.
- 17.8 Prizes will be awarded for places first to fifth in each fleet.
- 17.9 Other prizes may be awarded.

18 FURTHER INFORMATION

- 18.1 For further information, please contact:

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