



RNSYS, HALIFAX 2018

Mobility Cup / Coupe mobilité

August 26th – 31st

2018

Royal Nova Scotia Yacht Squadron

&

Sail Able Nova Scotia

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta shall be governed by the rules as defined by *The Racing Rules of Sailing 2017-2020*.
- 1.2 The current Martin 16 class rules in Single-Handed format will apply.
- 1.3 The first sentence of racing rule 44.1 is deleted and shall be replaced with: "A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 in an incident while racing."
- 1.4 If there is a conflict between languages the English text shall take precedence.

2 NOTICES TO COMPETITORS

Notices to competitors shall be posted on the official notice board located on the eastern end of the RNSYS Marine Activities Centre.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions shall be posted before 0830hr on the day it will take effect, except that any change to the schedule of races shall be posted by 1700hr on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole on the shore side of the RNSYS Spar Loft.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in the race signal AP.

5 SCHEDULE OF RACES

- | | | | |
|----------------------|----------------|---------------------|----------------------------|
| 5.1 Dates of racing: | Monday, Aug 27 | 1200hr | Practice race Gold Fleet |
| | | 1400hr | Practice race Silver Fleet |
| | | 1700hr | Skipper's Meeting |
| Tuesday, Aug 28 | 1000hr | Gold Fleet racing | |
| | 1400hr | Silver Fleet racing | |
| Wednesday, Aug 29 | 1000hr | Silver Fleet racing | |
| | 1400hr | Gold Fleet racing | |
| Thursday, Aug 29 | 1000hr | Gold Fleet racing | |
| | 1400hr | Silver Fleet racing | |

Friday, Aug 30	1000hr	Silver Fleet racing
	1400hr	Gold Fleet racing
	1730hr	Awards Ceremony

5.2 Number of races:

<i>Fleet</i>	<i>Number</i>	<i>Races per day</i>
Gold	up to 12	up to 3
Silver	up to 12	up to 3

5.3 A competitor's meeting will be held at 1700hr on Monday at the Marine Activity Centre.

5.4 No races shall start after 1600 on the last day of racing.

6 CLASS FLAGS

The class flag for both fleets shall be the Mobility Cup flag.

7 RACING AREA

Races shall be run in Halifax Harbour, close to the entrance to the Northwest Arm. See Appendix A.

8 THE COURSES

8.1 Appendix B shows the courses, the order in which the marks are to be passed and the side to which each mark is to be left.

8.2 Prior to the preparatory signal for each race the race committee shall display a numerical pennant (1, 2 or 3) to indicate the course to be sailed for that race.

9 MARKS

9.1 Rounding marks will be orange tetrahedrons.

9.2 Change marks will be yellow tetrahedrons.

9.3 The start and finish mark will be a yellow inflatable pin.

10 THE START

10.1 Races shall be started by using Rule 26 with the warning signal given 5 minutes before the starting signal.

10.2 The starting line shall be between a staff displaying an orange flag on the signal boat at the starboard end and the course side of the start mark at the port end.

10.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes Rule A4.

11 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of a course the race committee will lay a change mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a change mark is replaced, it will be replaced by an original mark.

12 THE FINISH

The finish line shall be between a staff displaying an orange flag on the signal boat at the port end and the course side of the finish mark at the starboard end.

13 TIME LIMITS

13.1 For all fleets the time limit for the first boat to finish shall be 60 minutes. Subsequent boats shall finish no later than 15 minutes after the first boat in the class sails the course and finishes.

13.2 Boats failing to finish within these times shall be scored Did Not Finish without a hearing. This changes Rules 35, A4 and A5.

- 13.3 When it is in the best interests of the fleet and its competitors, the race committee may award finishing points to boats which are delaying the finish of the race (on course finish). The scoring abbreviation for an on course finish will be OCF. This changes rules 28.1, 35, A4 and A11.

14 PROTESTS AND REQUESTS FOR REDRESS

- 14.1 Protest forms are available at the Regatta Desk in the RNSYS Spar Loft. Protests shall be delivered there within the protest time limit.
- 14.2 The protest time limit is 90 minutes after the last boat has finished the last race of the day.
- 14.3 Protest notices will be posted on the official notice board within 30 minutes of the end of protest time to inform competitors where and when there is a hearing to which they are parties to a protest or named as witnesses. Protests will be heard as quickly as possible and in the approximate order of receipt.
- 14.4 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes Rule 62.2.

15 SCORING

- 15.1 One (1) race is required to be completed to constitute a series for that fleet.
- 15.2 When less than five (5) races have been completed a boat's score will be the total of her race scores.
- 15.3 When five (5) or more, but less than ten (10), races have been completed, a boat's score will be the total of her race scores excluding her worst score.
- 15.4 When ten (10) or more races have been completed, a boat's score will be the total of her race scores excluding her two (2) worst scores.

16 SAFETY REGULATIONS

- 16.1 Competitors shall wear life jackets or other adequate personal buoyancy devices at all times while on the docks or afloat.
- 16.2 A whistle must be attached to every competitor's life jacket unless an exemption is granted.
- 16.3 Every boat shall have a 7mm (0.25") x 6m (20') painter attached to the bow eye, with the free end of the line within easy reach of the skipper.
- 16.4 A boat that retires from a race shall notify the race committee as soon as possible.

17 HAUL-OUT RESTRICTIONS

Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

18 RADIO COMMUNICATIONS

- 18.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio transmissions not available to all boats. Mobile telephones and other wireless communications devices shall not be used to obtain information relevant to the race that is not available to all boats.
- 18.2 The Race Committee will use VHF channel 72 for broadcasts to competitors and as the main working channel.

19 PRIZES

- 19.1 Prizes shall be awarded after racing on Friday at approximately 1730.
- 19.2 Prizes will be awarded to the top five (5) finishers in the Gold and Silver fleets.
- 19.3 The Mobility Cup will be presented to the winner of the Gold fleet.
- 19.4 Le Coupe Dallaire will be presented to the winner of the Silver fleet.

- 19.5 The Sam Sullivan Trophy will be presented to the highest finishing competitor using sip & puff technology.
- 19.6 The Darin Tucker Sportsmanship Award will be presented to a sailor, selected by the organizing committee, displaying fair play and grace, respect for the sport and respect for fellow sailors.
- 19.7 The Debbie Donald award will be presented to the highest placing female sailor.
- 19.8 The Hamilton Port Authority Trophy will be presented to a first time Mobility Cup participant who has the highest finish amongst all other qualifying rookies and is in the top 75% of his/her fleet as measured in the final results of the regatta.
- 19.9 The Rob Battilana Trophy will be presented to a member of the organizing committee in recognition of a significant volunteer contribution..

20 DISCLAIMER OF LIABILITY

By participating in this event and any related activity sponsored or undertaken by the Royal Nova Scotia Yacht Squadron and Sail Able Nova Scotia, the owner, person in charge and each crew member agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk, see RRS 4 "Decision to Race"; the Royal Nova Scotia Yacht Squadron and Sail Able Nova Scotia and its officers, trustees, members, committees, employees, sponsors, or agents will not be responsible for damage to any boat or other property, or to any participant, including injury or death; and that each of them releases and waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Royal Nova Scotia Yacht Squadron and Sail Able Nova Scotia and its officers, trustees, members, committees, employees, sponsors or agents, arising out of or in any way connected with participation in such race or activity. Assistance, if any, from the race committee or other the Royal Nova Scotia Yacht Squadron and Sail Able Nova Scotia vessels, or from any personnel manning them, is at the risk of the participant.

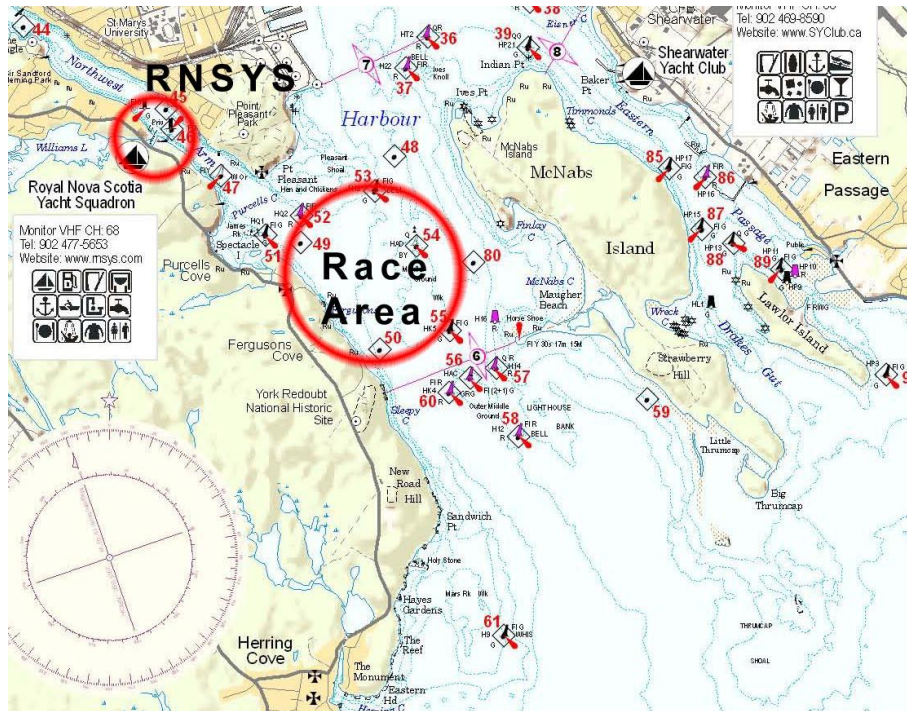
21 INSURANCE

Participating yachts shall be insured with valid third-party liability insurance with a minimum coverage of \$1,000,000 per event or the equivalent.

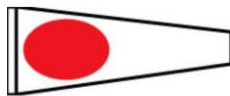
22 FURTHER INFORMATION

For further information please contact the Mobility Cup Regatta Chair, Paul Tingley, at paul.tingley@gmail.com or (902) 499-9959.

Appendix A



Appendix B



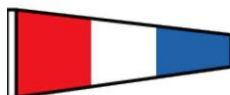
1

Start - 1 - Finish



2

Start - 1 - 2 - 1 - Finish



3

Start - 1 - 2 - 1 - 2 - 1 - Finish

